



**Will you take part in
population screening?**



Cancer screening
saves lives.

Will you take part in population screening?

Population screening is one of the ways to detect cancer early – or prevent it altogether.

There are population screening programmes to check for 3 forms of cancer:

- Colorectal cancer
- Breast cancer
- Cervical cancer

Screening makes it possible to detect these forms of cancer early – or even prevent them. If you are at risk, you may not have any symptoms yet. If cancer is detected early, treatment is often less impactful. And you are more likely to recover.

The screening tests are **free**. You will receive an invitation at your address when it is your turn. You can decide if you want to take part.

Screening for colorectal cancer

We try to detect colorectal cancer as early as possible. If we catch it early, colorectal cancer can often be prevented. Or treatment is less impactful.



For all adults aged 55 to 75 years.



Use a home test. The test is included in your invitation. Dip the ribbed tip of the sampling stick in your poo several times. Then send in the test.



We examine your poo in a lab.



Within 2 weeks, you will receive a letter at home with the results.



Scan the QR code with your mobile phone for more information.

Screening for breast cancer

We try to detect breast cancer as early as possible. If we catch it early, treatment is more likely to be successful.



For women aged 50 to 75 years.



When you are invited, you can make an appointment – by phone or online. The breast exam will happen at a location near you.



You will have a breast exam. You can always be examined by a woman.



Within 2 weeks, you will receive a letter at home with the results.



Scan the QR code with your mobile phone for more information.

Screening for cervical cancer

We try to detect cervical cancer as early as possible.
If we catch it early, cervical cancer can be prevented.
Or treatment is less impactful.



For women aged 30 to 60 years.



You can participate in 2 ways:

1. Use a self-test at home. When you are 30 years old, a self-test is included with your invitation. If you are older, you can ask for a self-test by phone or online (with your DigiD). Then send in the test.
2. Have a smear test done by the GP or physician's assistant. Make an appointment with your own GP to schedule this.



Within 4 weeks, you will receive a letter with the results at home.



Scan the QR code with your mobile phone for more information.



I want to stay healthy for myself and my family.

Would you like more information?



Call us on:
088 00 01 388



Email us at:
informatie@bevolkingsonderzoeknederland.nl



Scan the QR code with your mobile phone
to visit the website.

Information is available in:

Dutch, English, Turkish, Polish, Arabic